Age Assurance Trial – Consultation Roundtable Summary

**Themes:** Benefits, Harms, Actions

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| Youth | |
| **Date** | 14 August 2024: Office for Youth – Youth Steering Committee  22 August 2024: eSafety Youth Advisory Council |
| **Objective** | To hear about:   * Experiences of the benefits and harms of social media * Views on what is an appropriate age to begin using social media * Willingness to engage with age assurance technologies to access social media |
| **Attendees** | 24 attendees from 2 youth bodies |
| **Key Messages** | *Benefits*   * Young people strongly support social media as a tool for forming and maintaining connections with friends, family, work networks and community groups – particularly for young people with family in different states or countries, or those who live in regional or remote areas. * Other promoted benefits of access to social media included the ability to:   + Broaden horizons and challenge biases, including by learning about other cultures and countries   + Stay up to date with news, politics and events (local and global) – including through access to perspectives that might not appear in mainstream media   + Access opportunities and broaden professional network   *Harms*   * However, young people recognise the significant **harms** posed by social media, including:   + Detriment to mental health, including addictive behaviours   + Mindless engagement, including ‘doomscrolling’ – i.e. algorithms determining what’s seen (lack of agency)   + Lack of control over digital footprint   + Addiction, including decreased attention span * It is important to recognise the different levels of harm posed by different platforms. In particular, young people questioned whether **messaging apps** would be included under any legislated age restrictions.   *Actions*   * Young Australians largely believe that **all parties are responsible** for keeping young people safe online, however, emphasised that **social media companies should be primarily responsible** for making their platforms safe, with government to support with appropriate regulations. * When asked ‘How likely would you be to use an age assurance technology to access social media?’, participants responded:   + 64% Likely, 27% Very Likely, 9% Neutral. |
| Parents/carers and child-development experts | |
| **Date** | 16 August 2024 |
| **Objective** | To hear about:   * Experiences with their children using social media * Views on an appropriate minimum age for social media access * Attitudes towards age assurance technologies |
| **Attendees** | 23 attendees from 13 organisations |
| **Key Messages** | * Parents are overwhelmed with the prospect of managing children’s social media access, and are calling for a cultural and/or legal change, with some suggesting legislating an age limit now and implementing enforcement in the short-medium term. * Children have a right to access safe shared online spaces, and striking a balance between the benefits and the harms is key.   *Benefits*   * Social media has many benefits, including a way to talk to and connect with friends, establish identity, and as a regulation tool for neurodivergent children (e.g. Roblox).   *Harms*   * It also can be addictive, provides an avenue for cyberbullying, and algorithms show harmful or inappropriate content (e.g. horror, pornography) that children don’t want to see.   *Actions*   * Social media needs to be defined and potentially not include messaging apps. * An age limit for social media had strong majority support at 16 or 18 (with notable support for 18), however some thought 16 was too old. * Digital literacy education for children and parents is critical. Parents need strategies to create healthy screen routines and support children to safely use technology. |
| Academia | |
| **Date** | 23 August 2024 |
| **Objective** | To gain insight into academic findings in relation to:   * Benefits or harms to youth on social media * Appropriate minimum age for social media access * Australians’ attitudes towards the use of age assurance technologies |
| **Attendees** | 15 attendees from 12 institutions |
| **Key Messages** | * There were strong and at times conflicting views on the issue of social media harms from the perspectives of attendees.   *Benefits*   * Forming social ties online is important for people who are marginalised. * Media and digital literacy. * Convention of the rights of the child – right to privacy, social experience. * Efforts being made to keep kids out – change that to regulating tech companies to create appropriate online spaces for children and teens.   *Harms*   * Children’s age to exposure to sexual and violent content is getting younger and younger. There is link between exposure to pornography and early sexual experiences. * Increase in sextortion of young children. * Children report seeing unwanted ads, can’t control algorithms to curate their feeds. Seeing sexist, racist and homophobic content. * We do not have longitudinal data about the impact smart phones and social media has on children. * Children are being groomed by the apps to be lifetime users.   *Actions*   * Age verification is important, but **one of many supports** needed, particularly **education**. * Mental health is complex and there is not one solution, but the complexity should not cause a standstill. Age Assurance may not be perfect but still worth doing. * Platforms should be more responsible. |
| Industry: platforms/hardware providers | |
| **Date** | 27 August 2024 |
| **Objective** | To gain insight into:   * Current age assurance and detection practices of platforms, including planned responses to regulations proposed internationally * Industry’s capability and willingness to implement further age assurance technologies |
| **Attendees** | 23 attendees from 12 organisations |
| **Key messages** | *Benefits*   * Out of scope for this discussion.   *Harms*   * Participants noted that there are different levels of harm from types of adult content and highlighted the importance of hearing the views of safety advocates and young people. * It is important to clearly define what harms we are seeking to address (particularly on social media) as a first step to determine an effective and proportionate solution. * For pornographic material, there were concerns that age verification at the website level has resulted in users choosing to use alternative sites rather than verify their age. An unintended consequence of this is that users move to websites that have poor content moderation processes to manage illegal material.   *Actions*   * Industry emphasised the importance of alignment with international regulatory approaches when it comes to age assurance. * There was broad recognition that responsibility for user safety sits at **all levels** of the tech stack – device level, app store, platforms, websites – therefore a **multi-tiered** approach to age assurance is required. * Highlighted the importance of future proofing any policy or regulatory response, particularly as the digital environment in the near future could be very different to how users engage with platforms today. * Getting policy principles right to frame our approach to the issue. Suggested establishing policy principles that guide our approach to the issue of age assurance, including that responsibility sits at multiple levels, proportionality of response to harms, subsidiarity – regulating the point of access. |
| Community Organisations | |
| **Date** | 12 September |
| **Objective** | To hear views from across the Australian community on:   * Willingness to use age assurance technologies; * Experiences of benefit or harm for youth on social media; and * Perspectives on inclusion considerations or concerns. |
| **Attendees** | 15 attendees from 10 organisations |
| **Key Messages** | *Benefits*   * Social media provides an avenue to access news and connection, particularly for LGBTQI+, CALD, neurodivergent and regional/remote youth. * Mental health support and information is commonly sought on social media. Young people like to seek support foremost from peers, such as preparedness to seek formal help, or support when their home isn’t a safe place. * Mental health organisations use social media to engage with young people, and these early support avenues are important for reaching vulnerable groups.   *Harms*   * Addictive algorithms, radicalisation, online misogyny and time spent on social media are the biggest concerns. * Children are exposed to pro-eating disorder content and mental health misinformation on social media, which they can struggle to differentiate from factual and reliable information. * Young people don’t have the digital and interpersonal skills to navigate spaces designed and intended for adults. * Unintended consequences – a greater cultural shift is needed, but is unlikely. A social media ban is unlikely to result in kids going outside, but instead onto less regulated online spaces for connection and information e.g. AI chatbots.   *Actions*   * Regulation to make social media safer is needed, as age assurance alone will just delay harms and punishes young people rather than platforms. * Education is important to help children and parents. Parents are not adequately informed and safety is not adequately discussed in plain language by platforms. Children need critical thinking skills at a lower age now, as they access the internet as a whole for information. * Young migrants are usually more digitally literate and have better English than their parents, often sharing devices and teaching their parents how to access social media. |
| Civil Society Organisations | |
| **Date** | 16 September 2024 |
| **Objective** | To hear views on:   * Views on benefits and harms of social media and pornography on young people * Willingness to use age assurance technologies * Perspectives on inclusion/access considerations or concerns |
| **Attendees** | 7 attendees from 5 organisations |
| **Key Messages** | * Some attendees challenged the assumption young people should not access pornography, pointing to research suggesting that youth accessing pornography can contribute to healthy sexual development. * Noted the risk of age restrictions pushing young people into other areas of the internet that are less regulated and more harmful. * Noted that some groups such as LGBTIQ+ youth use social media to build community and highlighted the risk that cutting young people off from networking opportunities who are isolated could have negative consequences. * Acknowledged research on the use of social media by young people indicates that it exposes them to harmful material. Regardless, a majority of young people say that being on social media has positive experience online and was fundamental to their wellbeing. * Stated that solutions to online harms should be proportional to the problem and should not cause harms or loss of human and digital rights for the population * Consider the affordability aspect of certain youth using social media and digital messaging as a low/no cost option compared with text and calls. * Noted that the business model of major social media platforms are the basis of many online harms experienced by users. Consider that effective dispute resolution as recommended by the ACCC’s Digital Platforms Inquiry is essential to improving online safety and consumer harms. * Regarding appropriate age for children to access social media, there is no perfect age that will apply to all children as it depends on individual maturity, cultural, sociological factors. * Suggest that a minimum age should align with the age of puberty. * By creating a minimum age for social media, there is the potential that government is penalising users for the inability of companies to design safe services. * The main factor that determines whether exposure to online pornography harmful for children is whether it was wanted or unwanted. It is common for post pubescent teenagers to seek out pornography. On the other hand, pre-pubescent kids don’t seek it out and unwanted exposure (by algorithms, ads or peers) is harmful. * Reaching parents and trusted adults and educating them to ‘talk soon, talk often’ about sex and pornography is vital to healthy sexual development. * Concerns that parents and young people lack digital literacy and skills to use technology tools to prevent children seeing unwanted pornography. * Important to roll out education for parents and encouraging discussion between children and parents of online experiences. * Note that the negative impacts of lack of control on social media services is experienced by all users – not just children. Consider broader regulation to increase control for all users to tailor their online experiences. |